

# HLTAID009– Provide Cardiopulmonary Resuscitation



## ONLINE PRACTICAL ASSESSMENT SUBMISSION

### Instructions to learner:

1. Complete all theory and written assessment tasks in your online learner portal
2. Upload a video/s of your First Aid practical tasks (outline next page)

### Video Instructions

You may film your assessment with your phone, camera or computer.

When uploading video/s, please save file as your full name and course (eg. Fred Jones CPR)

Video **MUST** be upload to the following link:

[https://drive.google.com/drive/folders/1BkMln7rTgWR0jqhWt6PbY33rGeGRaD1b?usp=share\\_link](https://drive.google.com/drive/folders/1BkMln7rTgWR0jqhWt6PbY33rGeGRaD1b?usp=share_link)

Please **do not** send us your video via email as file size will be too big

### **Please Note:**

In order to demonstrate practical assessment items on video, you will require the following items

- A filming device
- A model or volunteer casualty



# Assessment Instructions

Student must submit the following items, each may be on a separate video file

## Item 1: Perform Cardiopulmonary Resuscitation (CPR)

Learner MUST explain what they are doing to the video, the following items must be demonstrated and explained

- Following DRABCD guidelines
- Correct positioning of casualty for CPR
- Correct method of breathing
- Correct amount of head tilt according to age group of casualty
- Correct hand position for compressions
- Correct depth of compression (explain only)
- Correct rate of compressions: breathing
- Demonstration of correct recovery position

\*please note, if using a live person as your model, compressions and breathing only need to be simulated

