

Student Assessment

HLTAAP002 Confirm physical health status

For each of the nutritional conditions below, outline :

- the causes
signs/symptoms
at risk population

- a) Hypertension
- b) Heart Disease
- c) High Cholesterol
- d) Osteoporosis
- e) Diabetes
- f) Obesity

2. For each condition above, outline what nutritional advice you would give each client.