

Practical Activity & Assessment

Instructions to student

Plan and conduct at least three sessions in two or more open space environments to minimise environmental impacts of sport, fitness or recreation activities.

For each of the sessions incorporate:

- local government requirements
- industry codes of practice
- provision of advice to clients regarding the use of open spaces
- management of client behaviour in open spaces

For each session, you must Submit your:

- Outdoor area planning checklist
- exercise session plan
- Client feedback survey