

WT Poomsae  
Saturday  
DRAW



## INDIVIDUAL POOMSAE

GROUP #							
IND POOMSAE		1					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Alexandra	Arbuthnot	14	Female	Heaven Taekwondo	BLACK	TAEUK 8 / PAL JANG	KORYO
Charlene	Phan	14	Female	VTEAM Taekwondo	BLACK	TAEUK 8 / PAL JANG	KORYO
Uma	Pythford	14	Male	Fusion Martial Arts	BLACK	TAEUK 8 / PAL JANG	KORYO
Shah	Choi	12	Female	Koryo Taekwondo Centre	BLACK	TAEUK 8 / PAL JANG	KORYO

GROUP #							
IND POOMSAE		3					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Audrey	Phan	15	Female	VTEAM Taekwondo	BLACK	TAEUK 8 / PAL JANG	KORYO
Geratrude	Choi	15	Female	SCHEMPP'S TAEKWONDO	BLACK	TAEUK 8 / PAL JANG	KORYO
Hanna	Vang	16	Female	Koryo Taekwondo Centre	BLACK	TAEUK 8 / PAL JANG	KORYO
Leticia	Choi	16	Female	Koryo Taekwondo Centre	BLACK	TAEUK 8 / PAL JANG	KORYO

GROUP #							
IND POOMSAE		6					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Theresa	Watanayake	11	Female	Koryo Taekwondo Centre	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Anastasia	Nguyen	10	Female	SCHEMPP'S TAEKWONDO	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Charm	Cham	11	Female	White Tigers Taekwondo	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Veronica	Yau	10	Female	White Tigers Taekwondo	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG

GROUP #							
IND POOMSAE		7					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Tyson	Nguyen	12	Male	SCHEMPP'S TAEKWONDO	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Darcy	Jackson	14	Male	Koryo Taekwondo Centre	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Ochirlye	Gamage	14	Male	Koryo Taekwondo Centre	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG

GROUP #							
IND POOMSAE		8					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Nathia	Ann	11	Female	Choi Taekwondo	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG

GROUP #							
IND POOMSAE		9					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Liliana	Talavka	14	Female	Koryo Taekwondo Centre	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Amanah	Frost	12	Female	SCHEMPP'S TAEKWONDO	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Chloe	Williams	14	Female	Embiance Taekwondo	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG
Mikayla	Pelcoe	12	Female	SCHEMPP'S TAEKWONDO	RED	TAEUK 5 / OH JANG	TAEUK 6 / YUK JANG

# PARA POOMSAE

PARA POOMSAE

P1

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Damon	Vasterink	29	Male	Koryo Taekwondo Centre	BLACK	PARA - (OWN CHOICE)	PARA - (OWN CHOICE)

GLOBAL ITF OPEN COMPETITION 2023

COMPETITION LIST  
SATURDAY, 22 APRIL 2023

GROUP #  
IND POOMSAE

10

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Ella	Buter	9	Female	Heenan Taekwondo	BLUE	PALGWE 1	PALGWE 2
Lincoln	Omnura	9	Male	Heenan Taekwondo	BLUE	PALGWE 1	PALGWE 2
Mila	Hughes	9	Female	Heenan Taekwondo	BLUE	PALGWE 1	PALGWE 2

GROUP #  
IND POOMSAE

11

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Aysan	Chhabra	9	Male	Koryo Taekwondo Centre	BLUE	TAE GUK 2 / JE JANG	TAE GUK 3 / SAM JANG
Mahaesha	Bandara	10	Male	Koryo Taekwondo Centre	BLUE	TAE GUK 2 / JE JANG	TAE GUK 3 / SAM JANG

GROUP #  
IND POOMSAE

12

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Alexis	Koomini	13	Female	VTEAM Taekwondo	BLUE	TAE GUK 2 / JE JANG	TAE GUK 3 / SAM JANG
Artzie	Gillette	15	Male	Heenan Taekwondo	BLUE	PALGWE 1	PALGWE 2

GROUP #  
IND POOMSAE

13

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Artzie	Gillette	15	Male	Heenan Taekwondo	BLUE	TAE GUK 2 / JE JANG	TAE GUK 3 / SAM JANG
Daya	Singh	11	Male	Koryo Taekwondo Centre	BLUE	TAE GUK 2 / JE JANG	TAE GUK 3 / SAM JANG
Uaeh	Summers	12	Male	Koryo Taekwondo Centre	BLUE	TAE GUK 2 / JE JANG	TAE GUK 3 / SAM JANG

GROUP #  
IND POOMSAE

14

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Kerlee	Philp	8	Male	Koryo Taekwondo Centre	WHITE	BASIC FORM	BASIC FORM
Senon	Anachivillage	6	Male	Koryo Taekwondo Centre	WHITE	BASIC FORM	BASIC FORM

GROUP #  
IND POOMSAE

15

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Adria	Mannin	5	Male	White Tigers Taekwondo	YELLOW	BASIC FORM	TAE GUK 1 / IL JANG
Leon	Fernando	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAE GUK 1 / IL JANG
Nuhan	Metkankanenge	6	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAE GUK 1 / IL JANG
Ryon	Weeranayake	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAE GUK 1 / IL JANG

GROUP # IND POOMSAE		16					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Flynn	Schembri	8	Male	Schembri's Taekwondo Doreen	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Oliver	Jayasinghe	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG

GROUP # IND POOMSAE		17					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Hunter	Oconnor	12	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
James	Delany	13	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Keith	Jayasinghe	11	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG

GROUP # IND POOMSAE		18					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
George	Odsho	9	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Mikhal	Jayawardana	9	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Vinceson	Matimat	9	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG

GROUP # IND POOMSAE		19					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Evie	Hammond	10	Female	Endurance Taekwondo	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Selini	Arachchilage	10	Female	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG

GROUP # IND POOMSAE		20					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Mahathi	Mithathi	5	Female	White Tigers Taekwondo	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Valerie	Nguyen	7	Female	Schembri's Taekwondo	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG

GROUP # IND POOMSAE		21					
First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2
Harmony	Pursell	9	Female	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Summer	Libby	8	Female	Schembri's Taekwondo	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG
Zoe	Buckingham	8	Female	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / IL JANG



# PAIRS POOMSAE

## GROUP 1 PAIRS POOMSAE

### 1101

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Leon	Fernando	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Nathan	Fernando	10	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Nathan	Indikankaranga	8	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Oliver	Jayasinghe	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Ryan	Weerasinghe	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Zoe	Sturkham	8	Female	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	

## GROUP 1 PAIRS POOMSAE

### 1102

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Leon	Fernando	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Nathan	Fernando	10	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Nathan	Indikankaranga	8	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Oliver	Jayasinghe	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Ryan	Weerasinghe	7	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Zoe	Sturkham	8	Female	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	

## GROUP 1 PAIRS POOMSAE

### 1103

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Harmory	Furset	9	Female	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Ruth	Jayasinghe	11	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
George	Jodoho	9	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	
Hester	Cooney	12	Male	Koryo Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S. JANG	

## GROUP 1 PAIRS POOMSAE

### 1104

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Letisha	Cole	16	Female	Koryo Taekwondo Centre	BLACK	TAEGUK 8 / PAL JANG	KORYO	
Helen	Vang	16	Female	Koryo Taekwondo Centre	BLACK	TAEGUK 8 / PAL JANG	KORYO	
Tara	Medley	18	Female	Raptor Taekwondo	BLACK	TAEGUK 8 / PAL JANG	KORYO	
Charlotte	Smalwood	16	Female	Raptor Taekwondo	BLACK	TAEGUK 8 / PAL JANG	KORYO	

**GROUP 9  
PAIRS POOMSAE**
**1105**

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Olivia	Gettag	14	Male	Koryu Taekwondo Centre	RED	TAEGUK 5 / OH JANG	TAEGUK 6 / YUK JANG	
Brianne	Colacophon	14	Male	Koryu Taekwondo Centre	RED	TAEGUK 5 / OH JANG	TAEGUK 6 / YUK JANG	
Mikala	Palme	12	Female	SCHENBERG'S TAEKWONDO	RED	TAEGUK 5 / OH JANG	TAEGUK 6 / YUK JANG	
Aimeah	Faup	12	Female	SCHENBERG'S TAEKWONDO	RED	TAEGUK 5 / OH JANG	TAEGUK 6 / YUK JANG	
Detty	Jackson	14	Male	Koryu Taekwondo Centre	RED	TAEGUK 5 / OH JANG	TAEGUK 6 / YUK JANG	
Liam	Summers	12	Male	Koryu Taekwondo Centre	BLUE	TAEGUK 5 / OH JANG	TAEGUK 6 / YUK JANG	

**GROUP 9  
PAIRS POOMSAE**
**1106**

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Theo	Woochan	11	Female	Koryu Taekwondo Centre	BLACK	TAEGUK 8 / PAL JANG	KORYO	
Shah	Choi	12	Female	Koryu Taekwondo Centre	BLACK	TAEGUK 8 / PAL JANG	KORYO	
Raeg	Shah	11	Female	Total Taekwondo	BLACK	TAEGUK 8 / PAL JANG	KORYO	Withdraw
Zohra	Aziz	14	Female	Total Taekwondo	RED	TAEGUK 8 / PAL JANG	KORYO	Withdraw

**GROUP 9  
PAIRS POOMSAE**
**1107**

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Lee	Innam	10	Female	Koryu Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S JANG	
Liam	Luong	10	Male	Koryu Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S JANG	
Selin	Arachchilage	10	Female	Koryu Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S JANG	
Vivian	Mahmal	9	Male	Koryu Taekwondo Centre	YELLOW	BASIC FORM	TAEGUK 1 / S JANG	

**GROUP 9  
PAIRS POOMSAE**
**1108**

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Asha	Mishra	5	Male	White Tigers Taekwondo	YELLOW	BASIC FORM	TAEGUK 1 / S JANG	
Mahadi	Mishra	5	Female	White Tigers Taekwondo	YELLOW	BASIC FORM	TAEGUK 1 / S JANG	

GLOBAL ITF OPEN COMPETITION 2021

 COMPETITION USE  
SATURDAY, 12 APRIL 2021

**TEAM POOMSAE**
**GROUP 9  
TEAM POOMSAE**
**101**

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
Hanna	Nang	18	Female	Koryu Taekwondo Centre	BLACK	TAEGUK 8 / PAL JANG	KORYO	
Sethika	Choi	16	Female	Koryu Taekwondo Centre	BLACK	TAEGUK 8 / PAL JANG	KORYO	
Liliana	Talavaka	14	Female	Koryu Taekwondo Centre	ORANGE	TAEGUK 5 / OH JANG	TAEGUK 6 / YUK JANG	
Raeg	Shah	11	Female	Total Taekwondo	BLACK	TAEGUK 8 / PAL JANG	KORYO	Withdraw
Murtaza	Aziz	22	Male	Total Taekwondo	RED	TAEGUK 8 / PAL JANG	KORYO	Withdraw
Zohra	Aziz	14	Female	Total Taekwondo	RED	TAEGUK 8 / PAL JANG	KORYO	Withdraw

**GROUP 9  
TEAM POOMSAE**
**102**

First Name	Last Name	Age	Gender	Club Name (Area)	Belt Level	POOMSAE LIST 1	POOMSAE LIST 2	Choose only 1 poomsae
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