

FIRST AID & CPR PRACTICAL ASSESSMENT



HLTAID011 – Provide First Aid

HLTAID012 - Provide first aid response in an education and care setting

HLTAID009 – Provide Cardiopulmonary Resuscitation

ONLINE PRACTICAL ASSESSMENT SUBMISSION

Instructions to learner:

1. Complete all theory and written assessment tasks in your online learner portal
2. Upload a video/s of your First Aid practical tasks (outline next page)

Video Instructions

You may film your assessment with your phone, camera or computer.

When uploading video/s, please save file as your full name and course (eg. Fred Jones First Aid Item 1)

Video **MUST** be upload to the following link:

<https://drive.google.com/drive/folders/1BkMln7rTgWR0jqhWt6PbY33rGeGRaD1b>

Please **do not** send us your video via email as file size will be too big

Please Note:

In order to demonstrate practical assessment items on video, you will require the following items

- A filming device
- A model or volunteer casualty
- Ice pack or frozen peas
- A compression bandage*
- A Triangular bandage*

(* can be purchased from your local pharmacy)



Assessment Instructions

Student must submit the following items, each may be on a separate video file

Item 1: Perform Cardiopulmonary Resuscitation (CPR)

Learner MUST explain what they are doing to the video, the following items must be demonstrated and explained

- Following DRABCD guidelines
- Correct positioning of casualty for CPR
- Correct method of breathing
- Correct amount of head tilt according to age group of casualty
- Correct hand position for compressions
- Correct depth of compression (explain only)
- Correct rate of compressions: breathing
- Demonstration of correct recovery position

*please note, if using a live person as your model, compressions and breathing only need to be simulated

* You must specify the different guideline according to age (head tilt, compression method and breathing

Item 2: Demonstrate the procedure for treating a choking casualty (not coughing).

(video must show and explain the method of 5 back blows and 5 chest thrusts)

Item 3: Demonstrate applying an ice pack to a sprained ankle using a compression bandage

(This task assesses your understanding of R.I.C.E treatment)

Item 4: Demonstrate & explain your Initial management (highest priority) for the following scenarios:

Scenario 1

Casualty presents with the following conditions:

Deep cut in his left upper leg which is spurting blood.

Pain to the upper right arm

Deformed right lower leg

Grazing to the right side of body

Scenario 2

Casualty presents with the following conditions:

Deformed right lower leg

Grazing to the right side of body

Blood pumping from a deep gash near her left elbow

Blurred Vision

Scenario 3

Casualty presents with the following conditions:

Rapid pulse and fast breathing

Chest pain

Pale, cold and starting to sweat.

Signs of possible heart Attack

